Burjeel Holdings Appoints Reuben George Joseph as Chief Financial Officer

Abu Dhabi, United Arab Emirates, 14 September 2026: Burjeel Holdings PLC (“Burjeel” or “the Group”), a leading super-specialty healthcare services provider in the GCC listed on the Abu Dhabi Securities Exchange (SYMBOL: BURJEEL; ISIN: AEE01119B224), today announced that its Board of Directors has approved the appointment of Mr. Reuben George Joseph as Chief Financial Officer, effective 1 October 2026.

Mr. Reuben currently serves as General Manager – Transformation at Burjeel Holdings and is closely involved in the Group’s strategic finance, capital allocation, corporate development, and transformation agenda. His appointment provides continuity of institutional knowledge while further strengthening the Group’s financial leadership as it enters its next phase of growth.

A Chartered Accountant with more than 20 years of experience, Mr. Reuben brings expertise across financial reporting, controllership and governance, treasury, corporate development and M&A, restructuring, valuation, and finance transformation. Before joining Burjeel Holdings, he served as Chief Financial Officer of VPS Health and has also held board and senior advisory roles.

Mr. Muhammed Shihabuddin will continue in his role as Chief Financial Officer until 30 September 2026, as previously announced, supporting an orderly and seamless transition.

Dr. Shamsheer Vayalil, Chairman & CEO of Burjeel Holdings, said:

“Reuben has already been closely involved in several of the Group’s strategic finance and transformation initiatives and has developed a strong understanding of Burjeel’s businesses and goals. His appointment provides continuity and brings together financial stewardship, strategic insight and execution capabilities.

As we enter our next phase of growth, these capabilities will be important in maintaining financial discipline and executing our strategic priorities. I would also like to thank Shihab for his contribution to Burjeel over many years and for supporting an orderly transition.”

Mr. Reuben George Joseph, incoming Chief Financial Officer of Burjeel Holdings, said:

“I am grateful for the confidence placed in me by the Board and Dr. Shamsheer. Burjeel has built a strong finance platform and governance framework, and my immediate priority will be to ensure a smooth transition and work closely with the Group’s finance leadership team. At the same time, I look forward to advancing Burjeel’s growth strategy and driving operational efficiency.”

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About Burjeel Holdings

Founded in 2007, Burjeel Holdings is a leading super-specialty healthcare services provider in the UAE and Oman, and it operates a growing specialized healthcare segment in Saudi Arabia. The Group operates an integrated and multi-brand healthcare ecosystem across primary, secondary, tertiary, and quaternary medical care, ensuring complex care delivery to patients across all socioeconomic groups. The network comprises 94 assets across the UAE, Oman, and Saudi Arabia, including 20 hospitals, 44 medical centers and physiotherapy centers, 16 pharmacies, and 14 other allied services. Burjeel Holdings’ brands include Burjeel, Medeor, LLH, Lifecare, Alkalma, and Tajmeel.

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